

Intercultural Centre



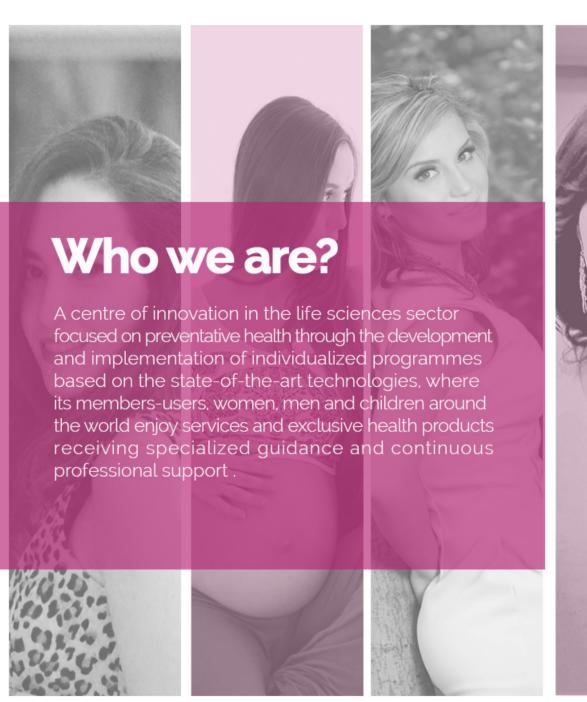








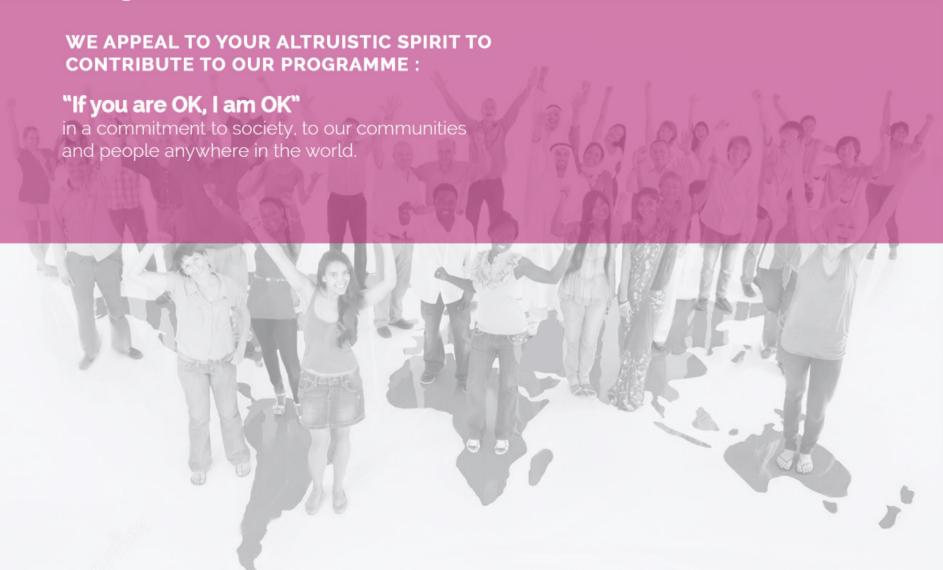








"If you are OK, I am OK"



By supporting us you are helping

Women, men and their children to successfully curve overweight and obesity through a comprehensive and individualized programme:

My Optimal Weight Plan™ to achieve sustainable life style changes and permanently improve their quality of life including the impact of overweight and obesity on mental health.







Contributions

Contributions in exchange for our CD Believe Sound-Induced Signature Motifs

To the initiative in "Memory of Rosie" in exchange for support to the early detection and effective treatment of Alzheimer's

In exchange for sessions to our programme My Optimal Weight Plan™

In exchange for Annual
Memberships to our Maternal
Health Intercultural Centre
(MHIC)

How?

Contributions in exchange for our CD Believe Sound-Induced Signature Motifs:

1000 CD's \$20,000

Contributions in exchange for Annual Memberships to our **Maternal Health Intercultural Centre (MHIC)**:

100 \$15,000

Amounts in Canadian Dollars

How?



Contributions in exchange for sessions to My Optimal Weight Plan ™, an individualized non-invasive system to effectively and permanently loose weight to achieve sustainable optimal weight balance.

■ 3 months (\$2,410)

• 6 months (\$4,820)

• 9 months (\$7,230)

- 12 months (\$9,640)

Amounts in Canadian Dollars









There are always benefits

Undoubtedly one of the most pleasant feelings to experience is to do good to others, a singular gesture that emerges from a sense of **GRATITUDE**.

Giving beyond the sheer satisfaction that it engenders, rises as a **TRASCENDING** and priceless contribution.

Your contributions help a common cause, the health of others, a healthier world.

Your contributions translate into business development and promotional operations. In addition, contributors will be granted special gifts and discounts to programmes of MHIC.



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